



ELWOOD LIFE SAVING CLUB NEWSLETTER

Issue 62, May 2026

A note from the President

Our recent end of season celebration is a reminder that the benefits of lifesaving extend far beyond the water.

Our club is a place of social connection, bringing together people of all ages, backgrounds and experiences. There are few organisations that unite so many different people in this way.

We are proud of the supportive, encouraging and welcoming culture we have created at Elwood LSC. This extends across all our activities from Nippers to competition, training and patrol where we have tried to focus on participation and creating an environment where everyone can be the best version of themselves.

Elwood LSC is about learning not just lifesaving skills but the fundamentals of teamwork, leadership and co-operation. Many of these skills are transferable in our daily lives, be it at home, study or work.

Following the end of another season I wish to thank you all for your contribution. Be it in welcoming a new family, teaching someone new skills or providing encouragement, you have all played a part in making Elwood LSC the success it is.

I hope to see you over the winter break, be it through weekly training, pool competition or IRB racing as we continue to grow Elwood LSC together.

David Rylance

WHAT'S ON

Club training

Swim Monday, 6.15pm-7.45pm, Harold Holt Pool

Fitness Wednesday, 6.30pm, Elwood LSC
RSVP on TeamApp

IRB Competition

Round 4, May 23-24, Ocean Grove

Round 5, June 6-7, Port Fairy

Pool Competition

Junior Carnival 2, May 31, Mentone Girls' Grammar Aquatic Centre

Club annual general meeting

In-person and online, August 16, 3pm

LSV Awards of Excellence

August 15, Pullman Albert Park



A night of celebration and pride in a wonderful club

It was a massive turnout for our end of season celebration at Elwood Bowls Club, with more than 100 members coming together to celebrate a brilliant summer.

The night included awards for water safety volunteers, patrollers and recognition of patrol captains. A highlight was a video from our juniors to thank coaches Rachael and David Rylance and Ollie Sharp.



The event would not have been possible without a team of hardworking volunteers. Special thanks to Erin Webster. It was great to see so many members across our many activities attend.



It's flags down after another successful patrol season

Elwood patrollers have signed off for the 2025/26 patrol season, with the flags going down for the final time on 19 April.

We're pleased to confirm the club met all its patrol requirements with no defaults which is a fantastic outcome and testament to the dedication of our volunteers in turning up week after week despite their many commitments outside of lifesaving.

Across the season patrollers watched over more than 146,000 people and tended to two major and 12 minor first aid cases. Lifesavers performed 750 preventative actions which avoided a more serious incident or safety issue. There were no rescues.

This season it was great to see so many new patrollers join the ranks, especially those who progressed from Nippers to completing their Surf Rescue Certificate.



This progression is important in ensuring a sustainable lifesaving service in the Elwood area while fostering the leaders of the future.

The club thanks all patrol captains, vice captains and patrollers for their time and commitment in keeping the beach safe as well as club captain Erin Webster for supporting our teams and making sure everything ran so smoothly.

If you have any feedback from the season email clubcaptain@elwoodlsc.com.au.

New club winter hoodies are here

New winter club hoodies have arrived, just in time for the cooler months. Designed and tested in Melbourne by SUB4, the hoodies feature a toasty fleecy lining, club logo on the pocket and Elwood branding and stripes on the back. Available in sizes from XS to XXXL, they are sure to keep you warm on cold and windy days. Get yours now for \$80 at the club or buy online for club pickup and payment.



Water safety and patroller awards



Members who completed more than 50 per cent of water safety jobs were recognised at our recent club function.

Congratulations Claire Webster, Erin Webster, Mark Clouting, Issy Jonson, Isla Clouting, Pedro Goncalves, Phillip Cameron and Will Hellier who were recognised. Each receives a special water safety jacket, with those who've already received one getting a club merchandise voucher.

Water safety is a crucial source of club income and we thank all members who assisted, along with Hampton LSC.



The 10 patrollers who recorded the most hours were also honoured. Congratulations Isla Clouting, Issy Jonson David Rylance, Claire Webster, Erin Webster, Craig McCormick, Mark Clouting, Wes Hosking, Pedro Goncalves and Hugh Fletcher.

The club sincerely thanks all volunteers who watched over the beach this season for their diligence and commitment.

Anzac Day service

Elwood LSC members joined the Elwood Anzac Day ceremony to honour those who gave their lives in World War I and all wars to defend our values and freedom.

Those tragically lost during World War I included members of our own club. A plaque in the clubroom lists the names of members who served.



The ceremony included a number of representatives from local community groups and schools along with MPs and Port Phillip councillors.

Thank you to the members who took the time to come along and pay their respects on this special and significant day of remembrance.

AGM date set

Elwood LSC's AGM will be August 16, 3pm at the club and online. This will include our club awards plus election of the next club committee.



Winter competition begins with pool and IRB carnivals



Winter competition is underway in the surf and pool, with athletes flying the Elwood flag across both sports.



Round 3 of the IRB season saw competitors head to Anglesea. Despite challenging conditions the team put in an incredible effort, making multiple finals and taking out first place in the men's masters mass rescue. The team next heads to Ocean Grove for Round 4.



The senior pool team recently took part in the second carnival at Caulfield Aquatics, while junior competition returns on May 31. Competition is great way to keep up your skills. Thank you to all officials. For info on competing email competition@elwoodlsc.com.au.

Thanks to our Sponsors

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